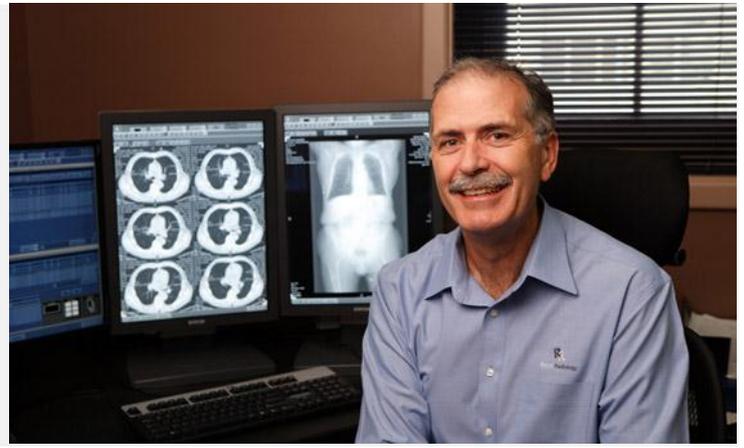


Name: _____

MRN: _____

Appointment Time: _____ AM / PM

Appointment Date: ____ / ____ / ____



BARIUM ENEMA PATIENT INFORMATION

What is a Barium Enema?

A Barium Enema is a medical imaging procedure used to examine and diagnose problems with the large intestine. The examination is performed in the main radiology department by a radiologist, radiographer and a nurse.

What preparation is involved?

For a successful examination, it is very important that the bowel is thoroughly prepared. Please follow the instructions below carefully.

Two days before your examination eat only:

(These foods may be cooked in any way)

Chicken	White Bread
Jelly (not green)	Eggs
Potatoes	Custard
Fish	Clear Soup
Bananas	Dry Biscuits
Ice-cream	Low fat yoghurt
Yellow Vegetables (without skin)	

After a light lunch the day prior to the test:

No more solid food should be eaten. Commence drinking the ColonLYTELY at the rate of one (1) litre per hour, or as quickly as you can without making yourself sick.

You may have a break and have a cup of tea or coffee (with no milk or cream) after 2 litres. Then you should continue with the above regimen.

The full amount should be consumed, but you may finish earlier **only** if you have clear fluid diarrhoea. (This usually takes 4-5 litres).

Once you have completed this, you can drink only clear fluids until the time of your examination. This includes water, cordial, fruit juice (no bits), lemonade, black tea or coffee, clear soup (strain bits), or jelly (not green).

If you are unable to tolerate the bowel preparation and / or are vomiting, please cease drinking the ColonLYTELY and seek medical assistance, or call

Please Note:

Please bring the following to your appointment:

- Request form (if referral from GP / Specialist)
- Medicare Card
- Any relevant previous x-rays

Obtaining your results:

Your images will be processed and then reported by a Radiologist. A copy of the report will be sent back to the doctor / specialist who referred you for the examination.

You will need to follow up the results of your examination with your referring doctor / specialist.

Repatriation General Hospital

Daws Road, Daw Park, South Australia 5041
Ph: 8275 1906 | F: 8275 1116
www.repatradiology.com.au | repat.radiology@health.sa.gov.au

Opening Hours: Monday—Friday, 8.30am—5pm

BARIUM ENEMA PATIENT INFORMATION

8275 1906 during business hours to speak to one of our nursing staff.

If you are DIABETIC, changes to your diet can affect your blood sugar. If you are concerned please consult your doctor.

Can I take my medications as normal?

You should take all your medication as normal. If you have any concerns, please contact our nursing staff on 8275 1961 during business hours.

Are there any risks?

The examination will involve a small dose of x-ray radiation. The potential benefits of diagnosing a medical condition are believed to be greater than the risks from receiving a small dose of x-ray radiation.

Before your x-ray please let the Radiographer know if you are, or think you may be pregnant.

How long will the examination take?

The examination will take approximately 45 -60 minutes.

What will happen during the examination?

You will be required to change into a hospital gown for the examination. During the examination you will lie on the x-ray table and a small, flexible lubricated tube will be placed in your rectum.

A small amount of fluid which is visible under x-ray will be slowly introduced. A series of x-ray images will be taken and you may be asked to change position several times so all areas of your bowel may be seen on x-ray. If necessary, a small amount of air

may be introduced to complete the images. This may cause some discomfort.

What will happen after the examination?

Once the examination is complete all the fluid and air will be released. There is a private bathroom complete with toilet and shower facilities for your comfort, where you may take a shower if you wish. After the examination you will be able to eat and drink as normal and you will be offered light refreshments including sandwiches.

You are advised to drink plenty of fluids when you go home to avoid constipation. When using your bowels at home some barium may still be present for a day or two and may settle on the toilet bowl. This is easily removed with a normal toilet brush.

Can I drive after the examination?

You will be able to drive home after the examination.

Who can I contact if I am not sure about something?

If you have any questions at all, please do not hesitate to contact our reception staff on 8275 1906 during business hours, and they will assist with your questions, or direct you to the most appropriate staff member to assist you.

Patient written consent:

There is a patient consent form attached to this patient information sheet that you will be required to complete in the presence of a radiology staff member. Any questions or concerns can be raised with the radiology staff member at this time.

V1 created November 2015 (Review December 2018)

Questions?

Please feel free to call us on 82751906 for any questions before or after the procedure and you will be directed to the appropriate health care professional.

Where can I park?

You may park your car on Daws Road, or in the "Clinics" outpatients car park, this is the first entrance on the left off Daws Road. Follow the walkway to Repat Radiology, it is well signposted.

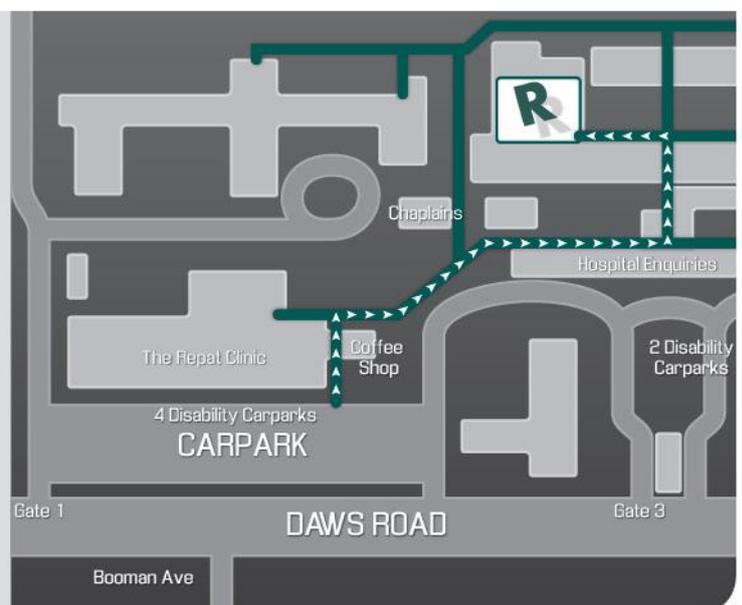
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Surname:
Given name(s):
Date of birth:
Sex:
MRN:

I _____ have been given the **Barium Enema Patient Information Sheet**.

I have read or have had read to me the patient information sheet and consent to have the procedure.

- I have been informed of the risks and benefits of this procedure.
- I was able to ask questions and raise any concerns about the proposed procedure. My questions and concerns have been discussed and answered to my satisfaction.
- I understand I have the right to change my mind at any time including after I have signed this form.

My signature below is evidence that I give my consent to have this medical procedure performed.

Patient Signature: _____ Printed Name: _____ Date: _____

Radiologist/delegate statement

I have explained to the patient the proposed procedure and confirm that the above named patient has read or has had read to them and understands the patient information sheet. The patient has consented to proceed with the procedure.

Signature: _____ Date: _____ Designation: _____

Additional information discussed with patient: