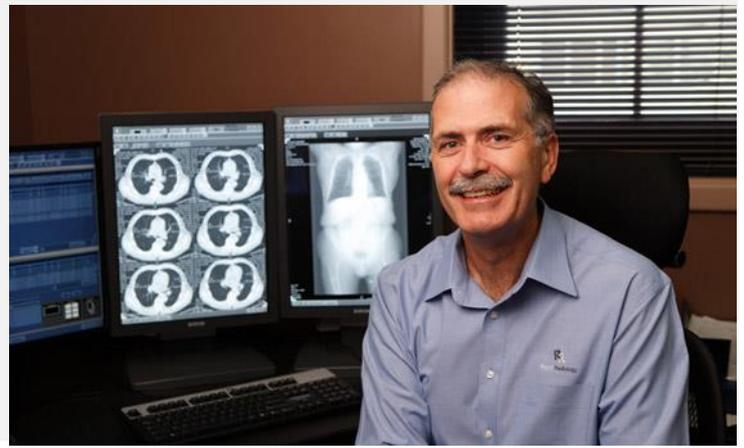


Name: _____

MRN: _____

Appointment Time: _____ AM / PM

Appointment Date: ____ / ____ / ____



CALCIFIC ASPIRATION (BARBOTAGE) PATIENT INFORMATION

What is a Calcific Aspiration?

A Calcific Aspiration (Barbotage) is a procedure that is often requested for patients with pain and inflammation from deposits of calcium within a tendon (commonly in the shoulder). The calcium deposits are broken up and pieces of the calcium are removed under ultrasound guidance.

Is there any preparation involved?

There is no preparation required.

Can I take my medication as normal?

All medications can be taken as normal.

Before your procedure please let the staff know if you are, or think you may be pregnant.

What will happen during the procedure?

The radiologist (specialist doctor who performs and reports on the examination) will talk to you about the procedure that you are having and will explain any risks involved.

The area will be cleansed with an antiseptic solution, and some local anaesthetic will be injected into the site as some discomfort may be felt during the procedure. The radiologist with the help of a sonographer (person who performs the ultrasound scan) will use ultrasound to guide a fine needle into the correct position, a saline solution will be injected, and a second needle used to break up and remove the calcium deposits. Once sufficient calcification has been removed, an injection of local anaesthetic and steroid is administered into the region.

Please Note:

Please bring the following to your appointment:

- Request form (if referral from GP / Specialist)
- Medicare Card
- Any relevant previous x-rays

Obtaining your results:

Your images will be processed and then reported by a Radiologist. A copy of the report will be sent back to the doctor / specialist who referred you for the examination.

You will need to follow up the results of your examination with your referring doctor / specialist.

Repatriation General Hospital

Daws Road, Daw Park, South Australia 5041

Ph: 8275 1906 | F: 8275 1116

www.repatradiology.com.au | repat.radiology@health.sa.gov.au

Opening Hours: Monday—Friday, 8.30am—5pm

How long will the examination take?

The procedure will usually take about 30 minutes. The injection part of the procedure only takes a few minutes.

Are there any risks?

With any injection there is a very small risk of *infection*. We reduce this risk by using sterile disposable equipment and standard aseptic technique.

There is small risk of *bleeding or bruising* around the injection site.

There is a very small risk of *allergic reaction* to the steroid and local anaesthetic. Before your procedure you will be asked about any allergies that you may have.

All other risks will be explained to you by the radiologists before the procedure is undertaken.

What happens after the procedure?

You will be encouraged to stay in the department for up to 30 mins following your injection, to ensure you are fully recovered before you leave.

On leaving the department, if you notice any local reaction, tenderness, swelling or soreness of the area injected please contact your referring doctor.

The day after the steroid injection, some patients experience a short term side effect of facial flushing with a warm sensation.

If you are a diabetic you may experience a rise in your Blood Sugar Level (BSL) for a few days after receiving a steroid injection, please monitor these levels carefully and seek advice from your GP if concerned.

When will I notice the effect of the injection?

The *local anaesthetic* generally takes effect immediately after the injection. This will usually last for a few hours. The *steroid* generally takes between two to seven days to take effect, so you may experience a time before the steroid takes effect where you have no relief, and it may be necessary to take some pain relief during this time.

The relief that you experience can vary widely between patients.

Can I drive after the procedure?

Please check with reception staff when making your booking for advice regarding driving home after your injection, as this will depend on the area being injected.

Who can I contact if I am not sure about something?

If you have any questions at all, please do not hesitate to contact our reception staff on **8275 1906** and they will assist with your questions, or direct you to the most appropriate staff member to assist you.

Updated June 2017 (Review June 2020)

Questions?

Please feel free to call us on 82751906 for any questions before or after the procedure and you will be directed to the appropriate health care professional.

Where can I park?

You may park your car on Daws Road, or in the "Clinics" outpatients car park, this is the first entrance on the left off Daws Road. Follow the walkway to Repat Radiology, it is well signposted.

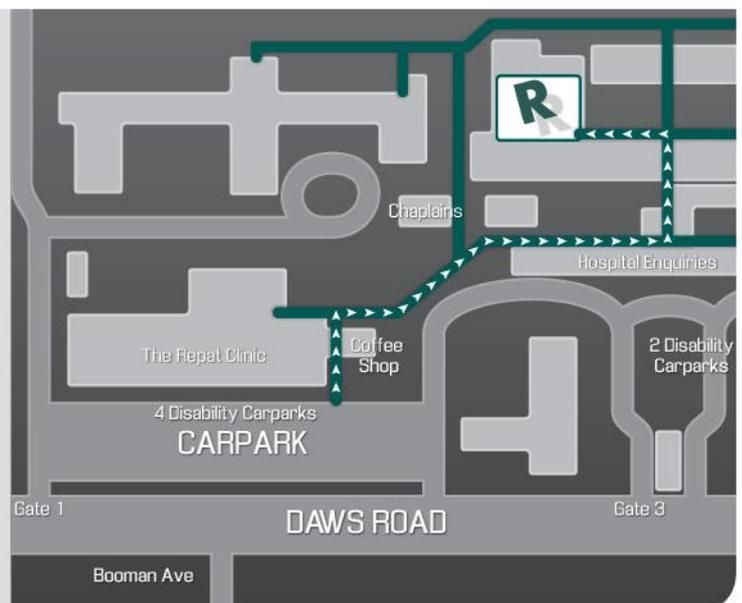
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/// PATIENT CONSENT FORM

Surname:
Given name(s):
Date of birth:
Sex:
MRN:

I _____ have been given the **Calcific Aspiration (Barbotage) Patient Information Sheet**.

I have read or have had read to me the patient information sheet and consent to have the procedure.

- I have been informed of the risks and benefits of this procedure.
- I was able to ask questions and raise any concerns about the proposed procedure. My questions and concerns have been discussed and answered to my satisfaction.
- I understand I have the right to change my mind at any time including after I have signed this form.

My signature below is evidence that I give my consent to have this medical procedure performed.

Patient Signature: _____ Printed Name: _____ Date: _____

Radiologist/delegate statement

I have explained to the patient the proposed procedure and confirm that the above named patient has read or has had read to them and understands the patient information sheet. The patient has consented to proceed with the procedure.

Signature: _____ Date: _____ Designation: _____

Additional information discussed with patient: