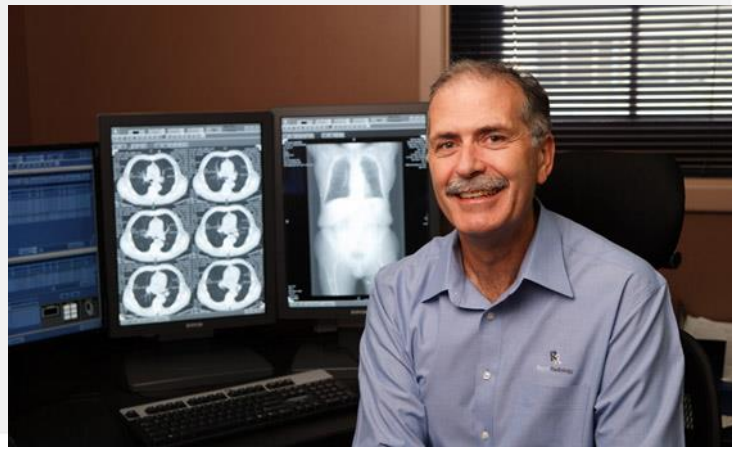


Name: _____

MRN: _____

Appointment Time: _____ AM / PM

Appointment Date: ____ / ____ / ____



PROSTATE BIOPSY PATIENT INFORMATION

What is a Prostate Biopsy?

A Prostate Biopsy is a procedure in which small samples are removed from the prostate gland with a fine needle, using ultrasound guidance. The samples are tested under a microscope for the presence of cancer. It is usually performed when the score for a PSA blood test rises to a level that needs to be investigated, or after a digital rectal exam finds an abnormal prostate or lump.

What preparation is involved?

You are required to arrive in the radiology department 30 minutes prior to your appointment time. One of the nursing staff will explain the procedure and risks involved as well as answering any of your questions and ask you to fill out the consent form.

If your referring doctor has given you Ciprofloxacin to take before the procedure you must take the antibiotic due on the morning of the procedure and a second dose 12 hours later. If your referring doctor hasn't given you any antibiotics please contact us to organize and you will need to collect these the day

prior to your procedure.

Procedure Time / Date: _____

Arrive at Time / Date: _____

Take 500mg Ciprofloxacin at _____ (time)
_____ (date)

Take 500mg Ciprofloxacin at _____ (time)
_____ (date) (12 hours after your morning dose)

If your referring doctor has prescribed a different antibiotic, please follow the referring doctor's instructions.

If you have travelled to SE Asia, India or Southern Europe in the last 6 months please notify your referrer and Repat Radiology.

Can I take my medications as normal?

If you take any blood thinners, you may need to stop taking these prior to your procedure. Please seek advice from the radiology department on **8275 1906**.

Please Note:

Please bring the following to your appointment:

- Request form (if referral from GP / Specialist)
- Medicare Card
- Any relevant previous x-rays

Obtaining your results:

Your images will be processed and then reported by a Radiologist. A copy of the report will be sent back to the doctor / specialist who referred you for the examination.

You will need to follow up the results of your examination with your referring doctor / specialist.

Repatriation General Hospital

Daws Road, Daw Park, South Australia 5041

Ph: 8275 1906 | F: 8275 1116

www.repatradiology.com.au | repat.radiology@health.sa.gov.au

Opening Hours: Monday—Friday, 8.30am—5pm

PROSTATE BIOPSY PATIENT INFORMATION

All other medications can be taken as normal.

If you take krill or fish oil, this should be stopped 7 days prior to your procedure.

What will happen during the procedure?

The radiologist will take samples of tissue from your prostate gland by inserting a needle via the rectum using ultrasound guidance. This examination does not require any anaesthetic and may only cause mild discomfort.

Are there any risks?

Infection is a possible complication of a prostate biopsy. Taking antibiotics will usually prevent an infection from developing. If you do experience a rise in temperature, feel unwell or have flu like symptoms following the prostate biopsy you should seek immediate medical help, by presenting to your local GP or attending a 24 hour emergency department and advise them that you have recently had a prostate biopsy.

You may see bleeding in the urine or stools for several days, or blood in the ejaculate for several weeks after a biopsy. If bleeding in the urine or stools continues for more than 2-3 days you should call your doctor.

Some men may have urinary retention where they have difficulty passing urine after the procedure. You will be asked to go to the toilet and pass urine before you leave the department.

How long will the procedure take?

The total examination will take approximately 1 hour.

What happens after the procedure?

After the examination you will be given a drink and a sandwich and asked to stay in the department for 1 hour for observation. The radiologist will prescribe further antibiotic tablets for you to take home with you. You will need to arrange for someone to stay with you the night following the procedure.

Can I drive after the procedure?

You must not drive after your procedure. Please arrange for someone to drive you to and from the hospital.

Who can I contact if I am not sure about something?

If you have any questions at all, please do not hesitate to contact our reception staff on 8275 1906 during business hours, and they will assist with your questions, or direct you to the most appropriate staff member to assist you.

Following the procedure, if you experience any rise in temperature, feel unwell or have flu like symptoms, you must seek medical help IMMEDIATELY, by either seeing your local doctor or attending a 24 hour emergency department and informing the medical staff that you had a recent prostate biopsy.

Created Jan 2012, Revised April 2018 (Review April 2021)

Questions?

Please feel free to call us on 82751906 for any questions before or after the procedure and you will be directed to the appropriate health care professional.

Where can I park?

You may park your car on Daws Road, or in the "Clinics" outpatients car park, this is the first entrance on the left off Daws Road. Follow the walkway to Repat Radiology, it is well signposted.

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