

/// PROSTATE BIOPSY PATIENT INFORMATION

What is a Prostate Biopsy?

A Prostate Biopsy is a procedure in which small samples are removed from the prostate gland with a fine needle, using ultrasound guidance. The samples are tested under a microscope for the presence of cancer. It is usually performed when your score for a PSA blood test rises to a level that needs to be investigated, or after a digital rectal exam finds an abnormal prostate or lump.

What preparation is involved?

You are required to arrive in the radiology department 30 minutes prior to your appointment time. One of the nursing staff will explain the procedure and risks involved as well as answering any of your questions and ask you to fill out the consent form.

If you're referring doctor has given you antibiotics to take before the procedure; please take the antibiotics as directed. If your referring doctor hasn't given you any antibiotics, please contact us to organize this; the antibiotics can be collected the day prior to your procedure.

Patient details

MRN:

Name:

Date of Birth:

SA Health recommended Antibiotic Protocol.

Procedure Date & Time: _____

Arrival time: _____

Take 500mg Ciprofloxacin at _____(time)
on _____(date).

Take 500mg Ciprofloxacin at _____(time)
on _____(date); this is 12 hours
after your morning dose.

If you have travelled to SE Asia, India or Southern Europe in the last 6 months please notify your referring doctor/specialist and Repat Radiology.

Can I take my medications as normal?

If you take any blood thinners, you may need to stop taking these prior to your procedure. Please seek advice from the radiology department on **7117 2561**.

All other medications can be taken as normal.

If you take krill or fish oil, this should be stopped 7 days prior to your procedure.

What will happen during the procedure?

The radiologist will take samples of tissue from your prostate gland by inserting a needle via the rectum using ultrasound guidance. This examination does not require any anaesthetic and may only cause mild discomfort.

Are there any risks?

Infection is a possible complication of a prostate biopsy. Taking antibiotics will usually prevent an infection from developing. If you do experience a high temperature, feel unwell or have flu like symptoms following the prostate biopsy you should seek immediate medical help, by presenting to your local GP or attending a 24 hour emergency department and advise them that you have recently had a prostate biopsy.

You may see bleeding in the urine or stools for several days, or blood in the ejaculate for several weeks after a biopsy. If bleeding in the urine or stools continues for more than 2-3 days you should call your doctor.

Some men may have urinary retention where they have difficulty passing urine after the procedure. You will be asked to go to the toilet and pass urine before you leave the department.

Please turn over for more information.

REPAT RADIOLOGY - SOUTH AUSTRALIA MEDICAL IMAGING

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Opening hours: Monday - Friday, 8.30am - 5pm, Saturday, 8.30am - 11.30am (limited services)

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How long will the procedure take?

The total examination and recovery will take approximately 2 hours.

What happens after the procedure?

After the examination you will be given refreshments and asked to stay in the department for 1 hour of observation.

Can I drive after the procedure?

You must not drive after your procedure. Please arrange for someone to drive you to and from the radiology department.

Who can I contact if I am not sure about something?

If you have any questions at all, please do not hesitate to contact our reception staff on 7117 2500 during business hours, and they will assist with your questions, or direct you to the most appropriate staff member to assist you.

You can also visit Repat Radiology online at repatradiology.com.au for information including parking information and online enquiries.

Following the procedure, if you experience a high temperature, feel unwell or have flu like symptoms, you must seek medical help IMMEDIATELY, by either seeing your local doctor or attending a 24 hour emergency department and informing the medical staff that you had a **recent prostate biopsy**.

Obtaining your results:

Your images will be processed and reported by a Radiologist. A copy of the report will be sent to the referring doctor/specialist and you can discuss the results of your examination with them. A copy of your Pathology report will also be sent to your referring doctor.